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Republic of the Philippines
Department of Education

Region 1

SCHOOLS DIVISION OF CITY OF SAN FERNANDO (LA UNION)

OFFICE MEMORANDUM

OM No. 005, s. 2025

JAN 24 2025

TO: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Section Heads
All Others Concerned

FROM: **OFFICE OF THE SCHOOLS DIVISION SUPERINTENDENT**

SUBJECT: **IMPLEMENTATION OF 4 O'CLOCK ZUMBA JAM PROGRAM**

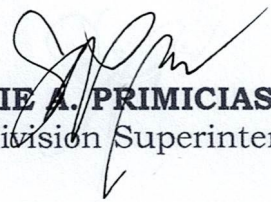
Date: January 24, 2025

PARTICULARS

1. Pursuant to Civil Service Commission (CSC) Memorandum Circular No. 8, s. 2011 (Reiteration of the Physical Fitness Program "Great Filipino Workout"), the CSC reiterates the implementation of the program particularly the allotment of a reasonable time for regular physical fitness exercise. The activities shall be integrated as part of the agency health and wellness program.
2. All personnel in the division office are hereby enjoined to conduct the Zumba Jam Program weekly at 4 o'clock in the afternoon. The schedule is as follows:

Day of the Week	Lead Group
Every Tuesday	OSDS
Every Wednesday	CID
Every Thursday	SGOD

3. Compliance and immediate dissemination of this Memorandum is desired.


SHEILA MARIE A. PRIMICIAS, CESO VI
Schools Division Superintendent



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"Sa Matatag na Panuntunan, Serbisyong Tapat Maaasahan"

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