



Republic of the Philippines
Department of Education

Region 1

SCHOOLS DIVISION OF CITY OF SAN FERNANDO (LA UNION)

DIVISION MEMORANDUM

FEB 26 2025

No.: 127 s. 2025

TO Assistant Schools Division Superintendent
 Chief Education Supervisors
 All School Heads of Public Elementary and Secondary Schools
 Concerned SDO Personnel

FROM **SHEILA MARIE A. PRIMICIAS, CESO VI**
 Schools Division Superintendent

SUBJECT **EDUCATIONAL RESEARCH IN SUPPORT FOR PARENTS AND
 STAKEHOLDERS - FSGC Training on Mental Health cum Team
 Building and Special Meeting**

DATE February 26, 2025

Particulars

1. With the objective of equipping the **elected and designated co-chairpersons of our School Governance Council** with knowledge on **Mental Health activities and Stress Management**, as well as to engage them in **team-building exercises**, the **SDO**, in collaboration with the **Federated School Governance Council**, will be hosting a **Mental Health and Team Building Training on March 1, 2025, at 7:30 AM**. The event will take place at **J&V Resort and Hotel, Sevilla City, San Fernando, La Union**.
2. The participants are the Elected and Designated SGC Co-chairpersons from each school. Attached in this memorandum is the list of participants.
3. This memorandum serves as the Authority to Travel of the participants.
4. All teaching and non-teaching personnel who shall take part in the said activity shall be granted service credits subject to the provision of DepEd Order No. 53 s. 2003 and CSC-DBM Joint Circular Number 2, s. 2015.
5. For your information, guidance, and compliance.

SHEILA MARIE A. PRIMICIAS, CESO VI
 Schools Division Superintendent



Address : Tanqui, City of San Fernando
 2500 La Union
 Tel. No. : (072) 607-4715
 Email : sanfernando.city1@deped.gov.ph

"Sa Matatag na Panuntunan, Serbisyong Tapat Maaasahan"

Document Code: _____
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LIST OF PARTICIPANTS

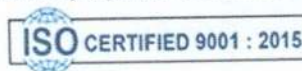
SCHOOLS	Elected Co-Chairperson	Designated Co-Chairperson
1. Bangbangolan ES	Araceli D. Nisperos	Bernalyn Graycochea
2. Bangbangolan NHS	Frecita P. Almanza	Susana C. Nisperos
3. Baraoas ES	Erick N. Bachiller	Genie Garcia
4. Bungro ES	Hendrix M. Apiado	Elenita E. Bautista
5. Cadaclan ES	Anna Liza N. Pajimola	Zenaida B. Apigo
6. Canaoay ES	Ginalyn Arbollente	Elsie Noemi G. Flores
7. Catbangan CS	Kristine N. Aquino	Thelma J. Verceles
8. Dallangayan ES	Carol D. Villanueva	Richard F. Martinez
9. Dalumpinas IS	Geraleen Valdez	John Martinez
10. Dr. Quintin Balcita Sr. NHS	Heidi C. Luna	Michael H. Munar
11. Ilocanos ES	Rosalie M. Ducusin	Christopher Cabalo
12. La Union National High School (Main)	Carmela A. Mananghaya	Elizabeth Apilado
13. Lingsat Integrated School	Edward C. Lucina	Fr. Elgar Bautista
14. LUNHS- Sacyud Annex	Jose R. Rivera	Sherwin B. Florendo
15. Mameltac ES	John Wilson S. Tomboc	Jeff Marlon N. Zamoranos II
16. Masicong ES	Bernadette G. Tumbaga	Josephine G. Flores
17. Nagyubuyuban Integrated School	Jay Ar S. Salivad	Francisco U. Costales
18. Pagudpud Integrated School	Allister Lee G. Cruz	Gwendolene Wenfie E. Monterola
19. Pao ES	Gemma C. Javier	Jomar G. Gascon
20. Pao NHS	Rosalia G. Pumares	Francisco B. Jucar Jr.
21. Parparya ES	Jean A. Amando	Rubielyn Ordoño
22. Puspup ES	Ermelyn C. Espenilla	Rosemarie C. Cariaga
23. Sacyud ES	Liza E. Hipol	Aurelia G. Apilado
24. Sagayad ES	Jelyn R. Nodora	Josel G. Abellera
25. San Agustin (Poro)ES	Eduviges N. Guieb	Joshua L. Flores
26. San Fdo City National Vocational High School	Sherryle O. Peralta	Hon. Mark Anthony A. Ducusin
27. San Fernando City SPED Integrated School	Rosart Jan O. Sampaga	Jeff Marlon N. Zamoranos II
28. San Fernando South Central Integrated School	Rojema L. Llantada	Remedios M. Nuesca
29. Santiago ES	Dody D. Casila	Florbelinda C. Apilado
30. Sevilla ES	Silvestra A. Tudas	Emilia D. Balanon
31. San Fernando North CS	Mark Del M. Munar	Dr. Roma Fe C. Villalon
32. Sibuan-Otong Integrated School	Shaima L. Dumaguin	Quinto N. Tagoc III
33. Tanguigan ES	Rodel N. Etchon	Maricel Perez



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Other Participants for the FSGC Mental Health and Team Building Activities

1. Dr. Sheila Marie A. Primicias – Schools Division Superintendent
2. Dr. Nestor C. Heraña – Assistant Schools Division Superintendent
3. Dr. Edgardo P. Cosares- Chief Education Supervisor – CID
4. Dr. Jose Mari P. Almeida- Chief Education Supervisor – SGOD
5. Kristilyn L. Tadifa - Resource Speaker
6. Nazka R. Sosmeña – TWG
7. Arlyn A. Siador – TWG
8. Jovie G. Ragon – TWG
9. Aprillyn B. Carbonell- TWG
10. Raymund Marzan- TWG



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