



Republic of the Philippines
Department of Education

Region 1

SCHOOLS DIVISION OF CITY OF SAN FERNANDO (LA UNION)

FEB 26 2025

DIVISION MEMORANDUM

No.: 130 s. 2025

TO Assistant Schools Division Superintendent
 Chief Education Supervisors
 All School Heads of Public Elementary and Secondary Schools
 Concerned SDO Personnel

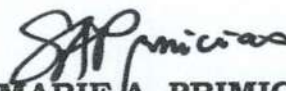
FROM **SHEILA MARIE A. PRIMICIAS, CESO VI**
 Schools Division Superintendent

SUBJECT **EDUCATIONAL RESEARCH IN SUPPORT FOR TEACHING AND NON-TEACHING PERSONNEL - FTA Training on Mental Health cum Team Building and Special Meeting**

DATE February 26, 2025

Particulars

1. To equip our teachers with the skills to integrate mental health activities into the teaching and learning process, as well as to engage them in team-building exercises, the **SDO**, in collaboration with the **Federated Teachers Association**, will hold a **Mental Health and Team Building Training on February 28, 2025, 7:30 AM** at **J&V Resort and Hotel, Sevilla City, San Fernando, La Union**.
2. The participants are the **Faculty Presidents from each school, concerned SDO Personnel** and invited **Resource Speakers** (see attached).
3. This memorandum serves as the Authority to Travel of the participants.
4. Pursuant to DepEd Order No. 9 s. 2005 titled Instituting Measures to increase Engaged Time-On-Task and ensures compliance therewith, teachers shall prepare contingency plan and shall submit a copy (2nd copy) of the accomplished contingency plan to the proponent during the conduct of the activity. Attached is the Contingency Plan template for your reference.
5. For your information, guidance, and compliance.


SHEILA MARIE A. PRIMICIAS, CESO VI
 Schools Division Superintendent



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Other Participants for the FTA Mental Health and Team Building Activities

1. Dr. Sheila Marie A. Primicias – Schools Division Superintendent
2. Dr. Nestor C. Heraña – Assistant Schools Division Superintendent
3. Dr. Edgardo P. Cosares- Chief Education Supervisor – CID
4. Dr. Jose Mari P. Almeida- Chief Education Supervisor – SGOD
5. Ms. Catherine Jennifer C. Flores – Resource Speaker
6. Ms. Erika Alexis C. Diaz - Resource Speaker
7. Nazka R. Sosmeña – TWG
8. Arlyn A. Siador – TWG
9. Jovie G. Ragon – TWG
10. Aprillyn B. Carbonell- TWG
11. Raymund Marzan- TWG



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