

**POSTED**

Republic of the Philippines
Department of Education
Region 1

SCHOOLS DIVISION OF CITY OF SAN FERNANDO (LA UNION)

JUN 02 2025

OFFICE MEMORANDUM

No.: 286 s. 2025

TO Assistant Schools Division Superintendent
Chief Education Supervisors
All SDO Personnel

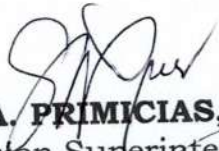
FROM **SHEILA MARIE A. PRIMICIAS, CESO VI**
Schools Division Superintendent

SUBJECT **ROUTINE BLOOD PRESSURE (BP) MONITORING PROGRAM**

DATE June 2, 2025

Particulars

1. In line with the SHNU commitment in promoting health and wellness of the non-teaching personnel, this Office will implement a **Routine Blood Pressure Monitoring Program** beginning this **June, 2025**. This initiative aims to support employees in regularly monitoring their overall health status.
2. Similarly, the SHNU will conduct a **targeted Blood Pressure Monitoring Program** specifically for employees with **comorbidities** such as diabetes, cardiovascular diseases, and other chronic illnesses. This specialized monitoring ensures appropriate attention and follow-up for at-risk individuals.
3. For your reference, the **schedule for each office** is attached to this memorandum. Kindly take note of your designated time slots.
4. For your **information, guidance, and compliance**.


SHEILA MARIE A. PRIMICIAS, CESO VI
Schools Division Superintendent



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"Sa Matatag na Panuntunan, Serbisyon Tapat Maaasahan"

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Republic of the Philippines
Department of Education
REGION I

SCHOOLS DIVISION OFFICE – CITY OF SAN FERNANDO (LA UNION)

SCHEDULE OF BP MONITORING

UNIT	DAY	TIME
CID	TUESDAY AND WEDNESDAY	8:00 – 8:30 AM
SGOD	TUESDAY AND WEDNESDAY	8:30 – 9:00 AM
ACCOUNTING	TUESDAY AND WEDNESDAY	9:00 – 9:30 AM
BUDGET AND OSDS	TUESDAY AND WEDNESDAY	10:00 – 10:30 AM
PERSONNEL	TUESDAY AND WEDNESDAY	10:30 – 11:00 AM
CASHIER AND RECORDS	TUESDAY AND WEDNESDAY	11:30 AM – 12:00 NN
SUPPLY AND GSO	TUESDAY AND WEDNESDAY	1:00 – 1:30 PM

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